Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Januarius Bart

Coaches: Vekeman Christophe

Coaches: Leemans Mats

Coaches: Silvestre Coralie HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 100M FREESTYLE MIXED 10-9 — Heat:1, starttime: 14:00

Heat: 1/6 Lane : 4 Athlete: BAS TITUS — **Q-time: 99:99:99**

PB (25m pool): 01:31.48 Dilbeek 27/09/2026 **PB (50m pool):** no time **SB:** 01:31.48 Dilbeek 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:42.44		01:31.48	
	00:42.44		*00:49.04*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9 — Heat:3, starttime: 14:05

Heat: 3/6 Lane : 2 Athlete: SAADEH AMIEN — **Q-time: 01:38:47**

PB (25m pool): 01:38.47 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** no time **SB:** 01:38.47 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:47.06		01:38.47	
	00:47.06		*00:51.41*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9 — Heat:3, starttime: 14:05

Heat: 3/6 Lane : 6 Athlete: PEETERS RUCHE MATHIAS — **Q-time: 01:45:72**

PB (25m pool): 01:45.72 Dilbeek 27/09/2026 **PB (50m pool):** no time **SB:** 01:45.72 Dilbeek 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:49.63		01:45.72	
	00:49.63		*00:56.09*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 1: 100M FREESTYLE MIXED 10-9 — Heat:4, starttime: 14:07

Heat: 4/6 Lane : 1 Athlete: AKCHICH ABDELLAH — **Q-time: 01:34:62**

PB (25m pool): 01:34.62 Dilbeek 27/09/2026 **PB (50m pool):** no time **SB:** 01:34.62 Dilbeek 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:44.86		01:34.62	
		00:44.86		*00:49.76*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9 — Heat:4, starttime: 14:07

Heat: 4/6 Lane : 4 Athlete: CIETERS VANDI LISA — **Q-time: 01:33:95**

PB (25m pool): 01:33.95 Sint-Pieters-Leeuw 01/03/2026 **PB (50m pool):** no time **SB:** 01:34.15 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.70		01:33.95	
		00:43.70		*00:50.25*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9 — Heat:4, starttime: 14:07

Heat: 4/6 Lane : 5 Athlete: GEERTS FIL — **Q-time: 01:34:51**

PB (25m pool): 01:34.51 Kapelle-op-den-Bos 19/04/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.78		01:34.51	
		00:44.78		*00:49.73*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9 — Heat:4, starttime: 14:07

Heat: 4/6 Lane : 6 Athlete: DOBBELEIRE LISELOT — **Q-time: 01:36:50**

PB (25m pool): 01:36.50 Dilbeek 27/09/2026 **PB (50m pool):** 01:48.87 **SB:** 01:36.50 Dilbeek 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:46.04		01:36.50	
		00:46.04		*00:50.46*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 1: 100M FREESTYLE MIXED 10-9 **Heat:5, starttime: 14:09**

Heat: 5/6 Lane : 1 Athlete: DE VRIESE LEON **Q-time: 01:28:43**

PB (25m pool): 01:28.43 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** no time **SB:** 01:28.43 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.47		01:28.43	
		00:40.47		*00:47.96*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9 **Heat:5, starttime: 14:09**

Heat: 5/6 Lane : 2 Athlete: VANDER STRAETEN SEM **Q-time: 01:27:31**

PB (25m pool): 01:27.31 Dilbeek 27/09/2026 **PB (50m pool):** 01:35.73 **SB:** 01:27.31 Dilbeek 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:41.41		01:27.31	
		00:41.41		*00:45.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9 **Heat:6, starttime: 14:11**

Heat: 6/6 Lane : 1 Athlete: JANUARIUS JEF **Q-time: 01:21:00**

PB (25m pool): 01:21.00 Dilbeek 27/09/2026 **PB (50m pool):** no time **SB:** 01:21.00 Dilbeek 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:38.83		01:21.00	
		00:38.83		*00:42.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9 **Heat:6, starttime: 14:11**

Heat: 6/6 Lane : 2 Athlete: HAAN MAXIMILIAAN **Q-time: 01:20:77**

PB (25m pool): 01:20.77 Dilbeek 27/09/2026 **PB (50m pool):** 01:32.27 **SB:** 01:20.77 Dilbeek 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:37.62		01:20.77	
		00:37.62		*00:43.15*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 1: 100M FREESTYLE MIXED 10-9 — Heat:6, starttime: 14:11

Heat: 6/6 Lane : 4 Athlete: STEELS WOUT — **Q-time: 01:15:62**

PB (25m pool): 01:15.62 Aarschot 26/04/2026 **PB (50m pool):** 01:21.16 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.40		01:15.62	
		00:36.40		*00:39.22*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9 — Heat:6, starttime: 14:11

Heat: 6/6 Lane : 5 Athlete: HALLET SIBBE — **Q-time: 01:20:81**

PB (25m pool): 01:20.81 Kapelle-op-den-Bos 19/04/2026 **PB (50m pool):** 01:22.01 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.46		01:20.81	
		00:38.46		*00:42.35*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ — Heat:2, starttime: 14:17

Heat: 2/8 Lane : 4 Athlete: PEETERS TIBO — **Q-time: 02:05:21**

PB (25m pool): 02:05.21 LEUVEN 21/12/2025 **PB (50m pool):** 02:08.63 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:51.67		02:05.21	
		00:51.67		*01:13.54*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ — Heat:2, starttime: 14:17

Heat: 2/8 Lane : 6 Athlete: ABOUAZAR PIETER — **Q-time: 99:99:99**

PB (25m pool): 01:24.58 Sint-Pieters-Leeuw 06/10/2024 **PB (50m pool):** 01:34.89 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:24.58	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:3, starttime: 14:20

Heat: 3/8 Lane : 2 Athlete: ABOUAZAR KARL **Q-time: 01:41:10**

PB (25m pool): 01:41.10 Sint-Pieters-Leeuw 05/10/2025 **PB (50m pool):** 01:39.79 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:50.28		01:41.10	
		00:50.28		*00:50.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:3, starttime: 14:20

Heat: 3/8 Lane : 4 Athlete: DHONDT MICHIEL **Q-time: 01:35:21**

PB (25m pool): 01:35.21 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** no time **SB:** 01:35.21 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:47.13		01:35.21	
		00:47.13		*00:48.08*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:3, starttime: 14:20

Heat: 3/8 Lane : 6 Athlete: DHOKER TIJL **Q-time: 01:48:76**

PB (25m pool): 01:48.76 LEUVEN 21/12/2025 **PB (50m pool):** 01:48.54 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.66		01:48.76	
		00:52.66		*00:56.10*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:4, starttime: 14:23

Heat: 4/8 Lane : 3 Athlete: JANUARIUS JULES **Q-time: 01:26:59**

PB (25m pool): 01:26.59 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:32.57 **SB:** 01:26.59 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.50		01:26.59	
		00:42.50		*00:44.09*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:4, starttime: 14:23

Heat: 4/8 Lane : 4 Athlete: DOBBELEIRE NIELS **Q-time: 01:27:09**

PB (25m pool): 01:28.13 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:34.99 **SB:** 01:28.13 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.00		01:28.13	
		00:44.00		*00:44.13*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:4, starttime: 14:23

Heat: 4/8 Lane : 5 Athlete: SZAUKA DAVID **Q-time: 01:28:93**

PB (25m pool): 01:28.93 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:39.48 **SB:** 01:28.93 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.87		01:28.93	
		00:43.87		*00:45.06*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:5, starttime: 14:25

Heat: 5/8 Lane : 1 Athlete: PEETERS KOBE **Q-time: 01:23:65**

PB (25m pool): 01:23.65 Liedekerke 11/11/2025 **PB (50m pool):** 01:26.93 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:40.75		01:23.65	
		00:40.75		*00:42.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:5, starttime: 14:25

Heat: 5/8 Lane : 5 Athlete: SAADEH NAYIM **Q-time: 01:22:92**

PB (25m pool): 01:22.92 Liedekerke 11/11/2025 **PB (50m pool):** 01:20.73 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:39.31		01:22.92	
		00:39.31		*00:43.61*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:6, starttime: 14:28

Heat: 6/8 Lane : 1 Athlete: BAS GASTON **Q-time: 01:18:72**

PB (25m pool): 01:18.72 Temse 17/11/2025 **PB (50m pool):** 01:22.82 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.66		01:18.72	
		00:37.66		*00:41.06*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:6, starttime: 14:28

Heat: 6/8 Lane : 3 Athlete: HAENEN COLIN **Q-time: 01:16:24**

PB (25m pool): 01:16.24 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:21.77 **SB:** 01:16.24 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.49		01:16.24	
		00:37.49		*00:38.75*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:6, starttime: 14:28

Heat: 6/8 Lane : 5 Athlete: VANDAELE FELIX **Q-time: 01:18:09**

PB (25m pool): 01:18.38 Liedekerke 11/11/2025 **PB (50m pool):** 01:21.20 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.43		01:18.38	
		00:37.43		*00:40.95*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:7, starttime: 14:30

Heat: 7/8 Lane : 1 Athlete: GHISLAIN ANTOINE **Q-time: 01:15:26**

PB (25m pool): 01:15.26 Leuven 04/10/2026 **PB (50m pool):** 01:17.58 **SB:** 01:15.26 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.28		01:15.26	
		00:36.28		*00:38.98*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:7, starttime: 14:30

Heat: 7/8 Lane : 4 Athlete: VEKEMAN KWINTE **Q-time: 01:09:89**

PB (25m pool): 01:10.74 Liedekerke 11/11/2025 **PB (50m pool):** 01:11.10 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:34.84		01:10.74	
		00:34.84		*00:35.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:7, starttime: 14:30

Heat: 7/8 Lane : 6 Athlete: GEURTS VALENTIN **Q-time: 01:16:02**

PB (25m pool): 01:16.02 LEUVEN 21/12/2025 **PB (50m pool):** 01:13.74 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.40		01:16.02	
		00:37.40		*00:38.62*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+ Heat:8, starttime: 14:32

Heat: 8/8 Lane : 3 Athlete: WALDMAN JONATHAN **Q-time: 01:04:51**

PB (25m pool): 01:07.45 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** no time **SB:** 01:07.45 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.05		01:07.45	
		00:33.05		*00:34.40*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE WOMEN 11+ Heat:2, starttime: 14:37

Heat: 2/7 Lane : 4 Athlete: AKCHICH NOUR **Q-time: 01:53:05**

PB (25m pool): 01:53.05 Liedekerke 11/11/2025 **PB (50m pool):** 01:54.51 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:54.23		01:53.05	
		00:54.23		*00:58.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 3: 100M BREASTSTROKE WOMEN 11+ Heat:3, starttime: 14:39

Heat: 3/7 Lane : 3 Athlete: YEROMENKO KIRA **Q-time: 01:42:20**

PB (25m pool): 01:42.20 Liedekerke 11/11/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:43.36		01:42.20	
		00:43.36		*00:58.84*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE WOMEN 11+ Heat:3, starttime: 14:39

Heat: 3/7 Lane : 4 Athlete: DOYEN LAURE **Q-time: 01:45:81**

PB (25m pool): 01:45.81 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:56.99 **SB:** 01:45.81 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:49.79		01:45.81	
		00:49.79		*00:56.02*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE WOMEN 11+ Heat:3, starttime: 14:39

Heat: 3/7 Lane : 5 Athlete: DHOKER LOTTE **Q-time: 01:47:39**

PB (25m pool): 01:47.39 Sint-Pieters-Leeuw 05/10/2025 **PB (50m pool):** 01:46.61 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:49.42		01:47.39	
		00:49.42		*00:57.97*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE WOMEN 11+ Heat:4, starttime: 14:42

Heat: 4/7 Lane : 3 Athlete: PEETERS RUCHE ALICIA **Q-time: 01:36:15**

PB (25m pool): 01:36.15 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:46.59 **SB:** 01:36.15 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:45.36		01:36.15	
		00:45.36		*00:50.79*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 3: 100M BREASTSTROKE WOMEN 11+ — Heat:5, starttime: 14:44

Heat: 5/7 Lane : 6 Athlete: VANDERBEKEN SHAïNA — **Q-time: 01:36:10**

PB (25m pool): 01:36.10 Liedekerke 11/11/2025 **PB (50m pool):** 01:48.33 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.56		01:36.10	
		00:44.56		*00:51.54*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ — Heat:1, starttime: 14:51

Heat: 1/7 Lane : 1 Athlete: PEETERS TIBO — **Q-time: 01:30:67**

PB (25m pool): 01:30.67 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:38.20 **SB:** 01:30.67 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:41.25		01:30.67	
		00:41.25		*00:49.42*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ — Heat:1, starttime: 14:51

Heat: 1/7 Lane : 2 Athlete: DHOKER TIJL — **Q-time: 01:24:22**

PB (25m pool): 01:24.22 Dilbeek 27/09/2026 **PB (50m pool):** 01:35.88 **SB:** 01:24.22 Dilbeek 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:39.08		01:24.22	
		00:39.08		*00:45.14*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ — Heat:1, starttime: 14:51

Heat: 1/7 Lane : 4 Athlete: DHONDT MICHIEL — **Q-time: 01:21:95**

PB (25m pool): 01:21.95 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:25.03 **SB:** 01:21.95 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:39.07		01:21.95	
		00:39.07		*00:42.88*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 4: 100M FREESTYLE MEN 11+ Heat:2, starttime: 14:53

Heat: 2/7 Lane : 1 Athlete: SZAUKA DAVID **Q-time: 01:17:31**

PB (25m pool): 01:17.31 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:35.16 **SB:** 01:17.31 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.60		01:17.31	
		00:37.60		*00:39.71*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ Heat:2, starttime: 14:53

Heat: 2/7 Lane : 2 Athlete: JANUARIUS JULES **Q-time: 01:16:77**

PB (25m pool): 01:16.77 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:23.57 **SB:** 01:16.77 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.40		01:16.77	
		00:36.40		*00:40.37*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ Heat:2, starttime: 14:53

Heat: 2/7 Lane : 4 Athlete: DOBBELEIRE NIELS **Q-time: 01:12:06**

PB (25m pool): 01:12.06 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:14.44 **SB:** 01:12.06 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.56		01:12.06	
		00:35.56		*00:36.50*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ Heat:2, starttime: 14:53

Heat: 2/7 Lane : 6 Athlete: ABOUAZAR KARL **Q-time: 01:20:28**

PB (25m pool): 01:20.28 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:25.53 **SB:** 01:20.28 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.42		01:20.28	
		00:37.42		*00:42.86*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 4: 100M FREESTYLE MEN 11+ Heat:3, starttime: 14:55

Heat: 3/7 Lane : 4 Athlete: GHISLAIN ANTOINE **Q-time: 01:06:56**

PB (25m pool): 01:06.56 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:05.60 **SB:** 01:06.56 Sint-Pieters-Leeuw 18/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.61		01:06.56	
		00:32.61		*00:33.95*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ Heat:4, starttime: 14:56

Heat: 4/7 Lane : 1 Athlete: SAADEH NAYIM **Q-time: 01:05:91**

PB (25m pool): 01:06.50 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:09.73 **SB:** 01:06.50 Sint-Pieters-Leeuw 18/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.05		01:06.50	
		00:32.05		*00:34.45*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ Heat:4, starttime: 14:56

Heat: 4/7 Lane : 2 Athlete: GEURTS VALENTIN **Q-time: 01:05:58**

PB (25m pool): 01:05.58 Ternat 30/03/2025 **PB (50m pool):** 01:04.71 **SB:** no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.34		01:05.58	
		00:31.34		*00:34.24*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ Heat:4, starttime: 14:56

Heat: 4/7 Lane : 3 Athlete: BAS GASTON **Q-time: 01:05:28**

PB (25m pool): 01:05.28 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:07.45 **SB:** 01:05.28 Sint-Pieters-Leeuw 18/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.35		01:05.28	
		00:31.35		*00:33.93*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 4: 100M FREESTYLE MEN 11+ Heat:4, starttime: 14:56

Heat: 4/7 Lane : 4 Athlete: ABOUAZAR PIETER **Q-time: 01:05:46**

PB (25m pool): 01:05.46 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:09.42 **SB:** 01:05.46 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:31.59		01:05.46	
		00:31.59		*00:33.87*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ Heat:4, starttime: 14:56

Heat: 4/7 Lane : 6 Athlete: PEETERS KOBE **Q-time: 01:06:01**

PB (25m pool): 01:06.01 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:08.23 **SB:** 01:06.01 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.19		01:06.01	
		00:32.19		*00:33.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ Heat:5, starttime: 14:58

Heat: 5/7 Lane : 1 Athlete: HAENEN COLIN **Q-time: 01:04:05**

PB (25m pool): 01:04.05 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:11.49 **SB:** 01:04.05 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:30.55		01:04.05	
		00:30.55		*00:33.50*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 11+ Heat:6, starttime: 15:00

Heat: 6/7 Lane : 1 Athlete: VEKEMAN KWINTE **Q-time: 01:01:75**

PB (25m pool): 01:01.75 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:05.55 **SB:** 01:01.75 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:29.41		01:01.75	
		00:29.41		*00:32.34*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 4: 100M FREESTYLE MEN 11+ — Heat:7, starttime: 15:01

Heat: 7/7 Lane : 6 Athlete: WALDMAN JONATHAN — **Q-time: 00:57:42**

PB (25m pool): 00:59.57 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** no time **SB:** 00:59.57 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:28.66		00:59.57	
		00:28.66		*00:30.91*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 11+ — Heat:3, starttime: 15:08

Heat: 3/5 Lane : 2 Athlete: GHISLAIN EMILIE — **Q-time: 01:28:24**

PB (25m pool): 01:34.15 Overijse 25/11/2023 **PB (50m pool):** 01:28.24 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:34.15	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 11+ — Heat:4, starttime: 15:10

Heat: 4/5 Lane : 1 Athlete: GHISLAIN JULIETTE — **Q-time: 01:21:25**

PB (25m pool): 01:21.25 LEUVEN 21/12/2025 **PB (50m pool):** 01:25.54 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.33		01:21.25	
		00:36.33		*00:44.92*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 11+ — Heat:4, starttime: 15:10

Heat: 4/5 Lane : 3 Athlete: LOUCKX CéLIE — **Q-time: 01:13:35**

PB (25m pool): 01:13.35 Leuven 12/10/2025 **PB (50m pool):** 01:16.29 **SB:** 01:16.62 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.26		01:13.35	
		00:34.26		*00:39.09*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:2, starttime: 15:17

Heat: 2/6 Lane : 5 Athlete: BAS TITUS — **Q-time: 99:99:99**

PB (25m pool): 02:08.14 Kapelle-op-den-Bos 19/04/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		01:00.27		02:08.14	
		01:00.27		*01:07.87*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:3, starttime: 15:20

Heat: 3/6 Lane : 6 Athlete: PEETERS RUCHE MATHIAS — **Q-time: 02:18:68**

PB (25m pool): 02:18.68 Aarschot 26/04/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		01:06.30		02:18.68	
		01:06.30		*01:12.38*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:4, starttime: 15:22

Heat: 4/6 Lane : 1 Athlete: GEERTS FIL — **Q-time: 01:58:09**

PB (25m pool): 01:58.09 Kapelle-op-den-Bos 19/04/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:56.79		01:58.09	
		00:56.79		*01:01.30*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:4, starttime: 15:22

Heat: 4/6 Lane : 2 Athlete: SAADEH AMIEN — **Q-time: 01:55:74**

PB (25m pool): 01:55.74 Kapelle-op-den-Bos 19/04/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:55.47		01:55.74	
		00:55.47		*01:00.27*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:4, starttime: 15:22

Heat: 4/6 Lane : 4 Athlete: DOBBELEIRE LISELOT — **Q-time: 01:53:74**

PB (25m pool): 01:53.74 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** no time **SB:** 01:53.74 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:52.92		01:53.74	
		00:52.92		*01:00.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:4, starttime: 15:22

Heat: 4/6 Lane : 5 Athlete: AKCHICH ABDELLAH — **Q-time: 01:56:35**

PB (25m pool): 01:56.35 Kapelle-op-den-Bos 19/04/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:56.35	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:5, starttime: 15:25

Heat: 5/6 Lane : 1 Athlete: VANDER STRAETEN SEM — **Q-time: 01:51:68**

PB (25m pool): 01:51.68 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** no time **SB:** 01:51.68 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:53.75		01:51.68	
		00:53.75		*00:57.93*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:5, starttime: 15:25

Heat: 5/6 Lane : 5 Athlete: HAAN MAXIMILIAAN — **Q-time: 01:50:66**

PB (25m pool): 01:50.66 Kapelle-op-den-Bos 19/04/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.02		01:50.66	
		00:52.02		*00:58.64*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 15:27

Heat: 6/6 Lane : 1 Athlete: CIETERS VANDI LISA — **Q-time: 01:46:06**

PB (25m pool): 01:46.06 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** no time **SB:** 01:46.06 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:50.27		01:46.06	
		00:50.27		*00:55.79*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 15:27

Heat: 6/6 Lane : 3 Athlete: STEELS WOUT — **Q-time: 01:40:47**

PB (25m pool): 01:40.47 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** no time **SB:** 01:40.47 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:47.68		01:40.47	
		00:47.68		*00:52.79*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 15:27

Heat: 6/6 Lane : 4 Athlete: HALLET SIBBE — **Q-time: 01:40:76**

PB (25m pool): 01:40.76 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:48.68 **SB:** 01:40.76 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:48.76		01:40.76	
		00:48.76		*00:52.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 15:27

Heat: 6/6 Lane : 5 Athlete: JANUARIUS JEF — **Q-time: 01:45:77**

PB (25m pool): 01:45.77 Sint-Pieters-Leeuw 01/03/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:50.23		01:45.77	
		00:50.23		*00:55.54*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 6: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 15:27

Heat: 6/6 Lane : 6 Athlete: DE VRIESE LEON — **Q-time: 01:46:13**

PB (25m pool): 01:46.13 Sint-Pieters-Leeuw 01/03/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:50.71		01:46.13	
		00:50.71		*00:55.42*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:2, starttime: 15:52

Heat: 2/7 Lane : 4 Athlete: YEROMENKO KIRA — **Q-time: 01:33:13**

PB (25m pool): 01:33.13 Liedekerke 11/11/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:33.13	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:2, starttime: 15:52

Heat: 2/7 Lane : 6 Athlete: AKCHICH NOUR — **Q-time: 01:36:50**

PB (25m pool): 01:36.50 Tournai 18/01/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:45.66		01:36.50	
		00:45.66		*00:50.84*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:3, starttime: 15:54

Heat: 3/7 Lane : 1 Athlete: VANDERBEKEN SHAïNA — **Q-time: 01:29:87**

PB (25m pool): 01:29.87 Liedekerke 11/11/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:29.87	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:5, starttime: 15:58

Heat: 5/7 Lane : 1 Athlete: LOUCKX CéLIE — **Q-time: 01:20:73**

PB (25m pool): 01:20.73 Sint-Pieters-Leeuw 05/10/2025 **PB (50m pool):** no time **SB:** 01:23.43 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:20.73	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:5, starttime: 15:58

Heat: 5/7 Lane : 5 Athlete: GHISLAIN EMILIE — **Q-time: 01:19:76**

PB (25m pool): 01:19.74 Sint-Pieters-Leeuw 06/10/2024 **PB (50m pool):** no time **SB:** 01:19.76 Tervuren 10/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:19.74	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:6, starttime: 16:00

Heat: 6/7 Lane : 6 Athlete: GHISLAIN JULIETTE — **Q-time: 01:18:05**

PB (25m pool): 01:18.05 Sint-Pieters-Leeuw 05/10/2025 **PB (50m pool):** no time **SB:** 01:19.00 Tervuren 10/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:18.05	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BACKSTROKE WOMEN 11+ — Heat:2, starttime: 16:16

Heat: 2/4 Lane : 1 Athlete: YEROMENKO KIRA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 9: 100M BACKSTROKE WOMEN 11+ — Heat:2, starttime: 16:16

Heat: 2/4 Lane : 2 Athlete: DHOKER LOTTE — **Q-time: 01:39:36**

PB (25m pool): 01:39.36 Sint-Pieters-Leeuw 05/10/2025 **PB (50m pool):** 01:48.69 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:47.49		01:39.36	
		00:47.49		*00:51.87*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BACKSTROKE WOMEN 11+ — Heat:2, starttime: 16:16

Heat: 2/4 Lane : 3 Athlete: PEETERS RUCHE ALICIA — **Q-time: 01:36:20**

PB (25m pool): 01:41.66 Liedekerke 11/11/2025 **PB (50m pool):** 01:36.20 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:51.28		01:41.66	
		00:51.28		*00:50.38*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BACKSTROKE WOMEN 11+ — Heat:3, starttime: 16:19

Heat: 3/4 Lane : 1 Athlete: DOYEN LAURE — **Q-time: 01:32:72**

PB (25m pool): 01:32.72 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:36.50 **SB:** 01:32.72 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.76		01:32.72	
		00:44.76		*00:47.96*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:2, starttime: 16:26

Heat: 2/6 Lane : 2 Athlete: ABOUAZAR KARL — **Q-time: 01:51:65**

PB (25m pool): 01:51.65 Tournai 18/01/2026 **PB (50m pool):** 02:00.15 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:53.04		01:51.65	
		00:53.04		*00:58.61*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 10: 100M BREASTSTROKE MEN 11+ **Heat:2, starttime: 16:26**

Heat: 2/6 Lane : 3 Athlete: DHONDT MICHIEL **Q-time: 01:46:02**

PB (25m pool): 01:46.02 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:51.01 **SB:** 01:46.02 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:50.90		01:46.02	
		00:50.90		*00:55.12*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ **Heat:2, starttime: 16:26**

Heat: 2/6 Lane : 4 Athlete: PEETERS TIBO **Q-time: 01:47:50**

PB (25m pool): 01:55.52 Liedekerke 11/11/2025 **PB (50m pool):** 01:47.50 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.31		01:55.52	
		00:52.31		*01:03.21*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ **Heat:2, starttime: 16:26**

Heat: 2/6 Lane : 5 Athlete: DHOKER TIJL **Q-time: 01:53:94**

PB (25m pool): 01:53.94 LEUVEN 21/12/2025 **PB (50m pool):** 01:50.84 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.26		01:53.94	
		00:52.26		*01:01.68*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ **Heat:3, starttime: 16:29**

Heat: 3/6 Lane : 3 Athlete: DOBBELEIRE NIELS **Q-time: 01:33:03**

PB (25m pool): 01:33.03 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:32.64 **SB:** 01:33.03 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.59		01:33.03	
		00:43.59		*00:49.44*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:3, starttime: 16:29

Heat: 3/6 Lane : 5 Athlete: JANUARIUS JULES — **Q-time: 01:42:65**

PB (25m pool): 01:42.65 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:50.04 **SB:** 01:42.65 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:48.71		01:42.65	
		00:48.71		*00:53.94*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:3, starttime: 16:29

Heat: 3/6 Lane : 6 Athlete: SZAUKA DAVID — **Q-time: 01:45:38**

PB (25m pool): 01:45.38 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** no time **SB:** 01:45.38 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:51.38		01:45.38	
		00:51.38		*00:54.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:4, starttime: 16:31

Heat: 4/6 Lane : 1 Athlete: ABOUAZAR PIETER — **Q-time: 01:30:40**

PB (25m pool): 01:30.40 Tournai 18/01/2026 **PB (50m pool):** 01:39.63 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:41.77		01:30.40	
		00:41.77		*00:48.63*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:4, starttime: 16:31

Heat: 4/6 Lane : 5 Athlete: BAS GASTON — **Q-time: 01:29:95**

PB (25m pool): 01:29.95 LEUVEN 21/12/2025 **PB (50m pool):** 01:33.21 **SB:** 01:30.76 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.37		01:29.95	
		00:42.37		*00:47.58*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:5, starttime: 16:33

Heat: 5/6 Lane : 1 Athlete: GEURTS VALENTIN — **Q-time: 01:24:36**

PB (25m pool): 01:24.36 LEUVEN 21/12/2025 **PB (50m pool):** 01:26.23 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.29		01:24.36	
		00:38.29		*00:46.07*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:5, starttime: 16:33

Heat: 5/6 Lane : 2 Athlete: PEETERS KOBE — **Q-time: 01:22:91**

PB (25m pool): 01:27.08 Sint-Pieters-Leeuw 05/10/2025 **PB (50m pool):** 01:22.91 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:40.33		01:27.08	
		00:40.33		*00:46.75*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:5, starttime: 16:33

Heat: 5/6 Lane : 4 Athlete: VANDAELE FELIX — **Q-time: 01:20:66**

PB (25m pool): 01:20.66 LEUVEN 23/11/2025 **PB (50m pool):** 01:22.01 **SB:** 01:21.06 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.14		01:20.66	
		00:37.14		*00:43.52*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:5, starttime: 16:33

Heat: 5/6 Lane : 6 Athlete: HAENEN COLIN — **Q-time: 01:24:66**

PB (25m pool): 01:37.69 Sint-Amandsberg 27/10/2024 **PB (50m pool):** 01:30.55 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.21		01:37.69	
		00:46.21		*00:51.48*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 11: 100M FREESTYLE WOMEN 11+ — Heat:2, starttime: 16:40

Heat: 2/7 Lane : 2 Athlete: AKCHICH NOUR — **Q-time: 01:27:84**

PB (25m pool): 01:27.84 Tournai 18/01/2026 **PB (50m pool):** 01:31.60 **SB:** 01:28.20 Dilbeek 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:42.05		01:27.84	
		00:42.05		*00:45.79*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+ — Heat:2, starttime: 16:40

Heat: 2/7 Lane : 3 Athlete: DHOKER LOTTE — **Q-time: 01:24:81**

PB (25m pool): 01:24.81 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:29.87 **SB:** 01:24.81 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.90		01:24.81	
		00:38.90		*00:45.91*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+ — Heat:3, starttime: 16:42

Heat: 3/7 Lane : 2 Athlete: PEETERS RUCHE ALICIA — **Q-time: 01:18:39**

PB (25m pool): 01:18.39 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:20.40 **SB:** 01:18.39 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.05		01:18.39	
		00:37.05		*00:41.34*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+ — Heat:3, starttime: 16:42

Heat: 3/7 Lane : 5 Athlete: VANDERBEKEN SHAïNA — **Q-time: 01:21:20**

PB (25m pool): 01:21.20 Tervuren 30/05/2026 **PB (50m pool):** 01:26.68 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.14		01:21.20	
		00:38.14		*00:43.06*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 11: 100M FREESTYLE WOMEN 11+ Heat:4, starttime: 16:44

Heat: 4/7 Lane : 5 Athlete: DOYEN LAURE **Q-time: 01:15:22**

PB (25m pool): 01:15.22 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:22.91 **SB:** 01:15.22 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.42		01:15.22	
		00:36.42		*00:38.80*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+ Heat:5, starttime: 16:45

Heat: 5/7 Lane : 5 Athlete: LOUCKX CéLIE **Q-time: 01:10:68**

PB (25m pool): 01:09.47 Leuven 12/10/2025 **PB (50m pool):** 01:12.08 **SB:** 01:14.09 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:09.47	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+ Heat:6, starttime: 16:47

Heat: 6/7 Lane : 3 Athlete: GHISLAIN JULIETTE **Q-time: 01:05:63**

PB (25m pool): 01:05.63 Wildersportcomplex 16/03/2025 **PB (50m pool):** 01:05.98 **SB:** 01:07.28 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:31.35		01:05.63	
		00:31.35		*00:34.28*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+ Heat:6, starttime: 16:47

Heat: 6/7 Lane : 5 Athlete: GHISLAIN EMILIE **Q-time: 01:08:21**

PB (25m pool): 01:08.21 Tienen 26/10/2025 **PB (50m pool):** 01:10.36 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:31.97		01:08.21	
		00:31.97		*00:36.24*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 12: 100M BUTTERFLY MEN 11+ Heat:2, starttime: 16:53

Heat: 2/4 Lane : 2 Athlete: SAADEH NAYIM **Q-time: 01:27:95**

PB (25m pool): 01:27.95 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:33.78 **SB:** 01:27.95 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.73		01:27.95	
		00:37.73		*00:50.22*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BUTTERFLY MEN 11+ Heat:2, starttime: 16:53

Heat: 2/4 Lane : 4 Athlete: GHISLAIN ANTOINE **Q-time: 01:25:88**

PB (25m pool): 01:25.88 Liedekerke 11/11/2025 **PB (50m pool):** 01:23.39 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.57		01:25.88	
		00:38.57		*00:47.31*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BUTTERFLY MEN 11+ Heat:3, starttime: 16:55

Heat: 3/4 Lane : 1 Athlete: VANDAELE FELIX **Q-time: 01:14:20**

PB (25m pool): 01:14.20 Liedekerke 11/11/2025 **PB (50m pool):** 01:17.88 **SB:** 01:15.92 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.38		01:14.20	
		00:32.38		*00:41.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BUTTERFLY MEN 11+ Heat:3, starttime: 16:55

Heat: 3/4 Lane : 3 Athlete: VEKEMAN KWINTE **Q-time: 01:08:63**

PB (25m pool): 01:08.63 Sint-Pieters-Leeuw 18/10/2026 **PB (50m pool):** 01:12.28 **SB:** 01:08.63 Sint-Pieters-Leeuw 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.05		01:08.63	
		00:32.05		*00:36.58*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 12: 100M BUTTERFLY MEN 11+ — Heat:4, starttime: 16:57

Heat: 4/4 Lane : 1 Athlete: WALDMAN JONATHAN — **Q-time: 01:06:03**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 4x100M MEDLEY WOMEN 11+ — Heat:2, starttime: 17:16

Heat: 2/2 Lane : 1 Athlete: TEAM STZ 1 — **Q-time: 05:28:44**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 14: 4x100M MEDLEY MEN 11+ — Heat:1, starttime: 17:23

Heat: 1/2 Lane : 2 Athlete: TEAM STZ 3 — **Q-time: 06:17:40**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Open wedstrijd ZIOS: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 14: 4x100M MEDLEY MEN 11+ **Heat:1, starttime: 17:23**

Heat: 1/2 Lane : 3 Athlete: TEAM STZ 2 **Q-time: 05:17:49**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 14: 4x100M MEDLEY MEN 11+ **Heat:2, starttime: 17:29**

Heat: 2/2 Lane : 5 Athlete: TEAM STZ 1 **Q-time: 04:37:85**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: